

Ozone



In

**medicine
worldwide**

Ozone Therapy Around the World

An educational, country-by-country overview of how ozone therapy is regulated, practiced, and governed globally. This resource highlights international clinical use, safety standards, and regulatory approaches — while noting the absence of formal recognition in the United States and Canada.

Regulation, Practice, and Availability — Country by Country

INTRODUCTION

If you're searching for healing beyond the usual paths, Dr. Robert Rowen, MD, lays out what many already know from firsthand experience: ozone is used across hospitals, clinics, and medical practices worldwide, with established methods, safety norms, and professional standards.

This article is an easy-to-navigate compilation of information on ozone legislation and its application in healthcare across the world.

The article attached below has been written by Gary Krup and is being promoted by Dr. Robert Rowen. We greatly appreciate the work of both of them.

WHY THIS MATTERS NOW

The survey shows broad, long-standing clinical use of ozone therapy — including autohemotherapy, insufflation, and topical and dental applications — alongside clear governance practices such as protocols, dosing standards, informed consent, and device quality assurance.

The United States is notably absent from formal recognition — and so is Canada.

In Canada, ozone retailers have faced regulatory scrutiny and are prohibited from selling ozone devices for wellness purposes; even promoting ozone's efficacy is restricted. This should concern anyone who believes patients deserve informed choice and freedom of speech.

In a time when health is widely compromised — from nutrient-depleted soils and toxic exposures, to pervasive EMFs, heavily treated or recycled water, long hours on screens, infections increasingly resistant to antibiotics, and rising burdens of obesity, hypertension, cardiometabolic disease, and cancer — therapies like ozone deserve to be explored, studied, and carefully applied (where appropriate), not dismissed due to status-quo assumptions, outdated viewpoints, or monopolizing interests.

DR. ROBERT ROWEN WRITES

§ 801.415 Maximum acceptable level of ozone

“Ozone is a toxic gas with no known useful medical application in specific, adjunctive, or preventive therapy.”

Dr. Rowen asks: Why do I say this is a lie?

Because the FDA is part of the same U.S. Department of Health and Human Services (HHS) that houses PubMed, a central archive of peer-reviewed medical literature. A search for “*ozone therapy*” returns over 5,000 published articles documenting research, mechanisms, and clinical use.

RFK Jr. has stated his intent to remove this outdated regulation.

Those who wish to express support may write to:

HHS, 200 Independence Avenue, SW, Room 716G, Washington, DC 20201

COUNTRY-BY-COUNTRY SNAPSHOT

ABU DHABI (EMIRATE)

Snapshot / legal & regulatory status

Ozone therapy services must be registered with the Abu Dhabi Department of Health (DoH) through the TAMM platform. Services are regulated under formal facility and staffing standards.

Common clinical uses & administration methods

Autohemotherapy, rectal insufflation, topical ozonated-water wound care, intra-articular and paravertebral injections.

Facility requirements & staffing

Licensed health facilities only, with physician oversight, sterile procedure areas, and emergency equipment.

Training & professional organizations

Training provided by device vendors, private organizations, and international societies; documented competency is required.

Safety, governance & recordkeeping

Informed consent, adverse-event reporting, device maintenance, and clinical governance are mandatory.

Practical notes

Verify DoH licensing, TAMM registration, and staff credentials before treatment.

BENIN

Snapshot / legal & regulatory status

Public documentation on national regulation is limited. Ozone therapy appears in private clinics, NGO programs, and volunteer initiatives.

Common clinical uses & administration methods

Rectal insufflation and topical ozonated-water wound care.

Facility requirements & staffing

Private clinics or project sites; standards depend on the delivering organization.

Training & professional organizations

Training typically provided by visiting specialists, device suppliers, or NGOs.

Safety, governance & recordkeeping
Infection control and practitioner verification are essential.

Practical notes

Ask about device type, maintenance records, and consent procedures.

BRAZIL

Snapshot / legal & regulatory status

Brazil has an active ozone-therapy professional community. Ozone is widely practiced in private clinics and some public hospitals, with regulation varying by region.

Common clinical uses & administration methods

Autohemotherapy, rectal insufflation, intra-articular injections, topical ozonated oils/water, and dental ozone.

Facility requirements & staffing

Typically provided by licensed physicians or dentists in private clinics.

Training & professional organizations

National and regional societies offer training, conferences, and certifications.

Safety, governance & recordkeeping

Protocols, informed consent, and device calibration are emphasized.

Practical notes

Confirm physician involvement and society affiliation.

CANADA

Snapshot / legal & regulatory status

Ozone therapy is not formally recognized. Health Canada restricts the sale and promotion of ozone devices for wellness or medical purposes.

Common clinical uses & administration methods

Not openly offered within the public system. Some use occurs quietly in integrative settings or abroad.

Facility requirements & staffing

No recognized clinical framework for ozone therapy.

Training & professional organizations

Training is obtained internationally; no national certification pathway exists.

Safety, governance & recordkeeping

Governance is inconsistent due to regulatory constraints.

Practical notes

Many Canadians seek ozone therapy outside the country.

CHINA

Snapshot / legal & regulatory status

Ozone therapy has been studied and used in hospitals and specialty clinics since the 1990s. Regulation occurs at the hospital and clinic level.

Common clinical uses & administration methods

Autohemotherapy, topical ozonated water, and rehabilitation applications.

Facility requirements & staffing

Hospital-based delivery by licensed physicians.

Training & professional organizations

Hospital training, specialist workshops, and manufacturer programs.

Safety, governance & recordkeeping

Hospitals maintain records, consent forms, and device logs.

Practical notes

Prefer university-affiliated hospitals with published protocols.

COLOMBIA

Snapshot / legal & regulatory status

Ozone therapy is delivered mainly through private clinics under general healthcare regulation.

Common clinical uses & administration methods

Autohemotherapy, rectal insufflation, topical wound care.

Facility requirements & staffing

Private outpatient clinics with licensed clinicians.

Training & professional organizations
Often through device vendors and international training.

Safety, governance & recordkeeping
Consent and sterile technique vary by clinic.

Practical notes
Verify credentials and written protocols.

COSTA RICA

Snapshot / legal & regulatory status
Ozone therapy is available in private clinics and medical-wellness centers.

Common clinical uses & administration methods
Autohemotherapy, rectal insufflation, dental ozone, wound care.

Facility requirements & staffing
Private clinics staffed by licensed physicians or dentists.

Training & professional organizations
Training via vendors, visiting instructors, and regional societies.

Safety, governance & recordkeeping
Consent and treatment logs are standard.

Practical notes
Verify accreditation and aftercare for medical tourism.

CUBA

Snapshot / legal & regulatory status
Ozone therapy is recognized within Cuba's Natural and Traditional Medicine system and is widely used in hospitals and specialized centers.

Common clinical uses & administration methods
Rectal insufflation, autohemotherapy, topical and intramuscular applications.

Facility requirements & staffing
Hospital-based centers with formal protocols.

Training & professional organizations
National research centers and medical institutions provide training.

Safety, governance & recordkeeping

Dosing standards, contraindication screening, and documentation are emphasized.

Practical notes

Prefer established hospital-linked centers.

GERMANY

Snapshot / legal & regulatory status

Ozone therapy has been used since the 1980s and is widely practiced; millions of patients have received treatment.

GREECE

Snapshot / legal & regulatory status

Ozone therapy procedures are reported to be reimbursed within the national healthcare system.

INDIA

Snapshot / legal & regulatory status

India hosts an active ozone-therapy community operating mainly in private clinics under physician licensing.

Common clinical uses & administration methods

Autohemotherapy, rectal insufflation, dental ozone, topical ozonated oils.

Facility requirements & staffing

Outpatient clinics led by physicians and dentists.

Training & professional organizations

National societies and international training programs.

Safety, governance & recordkeeping

Protocols, consent, and device maintenance emphasized.

Practical notes

Look for society-affiliated clinics.

IRAN

Snapshot / legal & regulatory status

Ozone therapy is used in hospital and rehabilitation settings and studied in clinical trials.

Common clinical uses & administration methods

Autohemotherapy, intra-articular injections, wound care.

Facility requirements & staffing

Hospital-based delivery by trained physicians.

Training & professional organizations

Academic hospitals and research centers.

IRAQ

Snapshot / legal & regulatory status

Clinical case reports indicate use in pain and musculoskeletal care, though national regulation is limited.

ISRAEL

Snapshot / legal & regulatory status

Ozone therapy appears mainly in private regenerative clinics under general medical oversight.

KENYA

Snapshot / legal & regulatory status

Ozone therapy is offered in some private clinics; no clear national framework exists.

LATVIA

Snapshot / legal & regulatory status

As an EU member, Latvia regulates ozone therapy under general medical and device rules.

LITHUANIA

Snapshot / legal & regulatory status

Ozone therapy appears in private clinics and rehabilitation settings under EU medical oversight.

POLAND

Snapshot / legal & regulatory status

Ozone therapy is practiced privately under EU medical-device regulations.

Common clinical uses & administration methods

Autohemotherapy, rectal insufflation, topical applications.

Facility requirements & staffing

Private clinics led by licensed clinicians.

Training & professional organizations

Private training programs and international collaboration.

Safety, governance & recordkeeping

Consent, dosing, and device standards emphasized.

ROMANIA

Snapshot / legal & regulatory status

Romania hosts active ozone-therapy organizations and international conferences.

RUSSIA AND UKRAINE

Snapshot / legal & regulatory status

Ozone therapy is approved and widely used in government hospitals.

Common clinical uses & administration methods

Autohemotherapy, rectal insufflation, injections, topical applications.

Facility requirements & staffing

Hospital-based care under physician oversight.

Training & professional organizations

Medical institutions and professional associations.

Safety, governance & recordkeeping
Formal protocols, dosing standards, and documentation.

CONCLUSION

This country-by-country overview shows that ozone therapy is widely used internationally, often under formal medical systems or structured professional oversight. While regulatory approaches differ, most countries permit ozone therapy within existing healthcare frameworks.

In contrast, the United States and Canada remain notable outliers, despite decades of international clinical experience and published research.

This document is provided for educational reference, encouraging informed discussion, careful inquiry, and verification of credentials and local regulations.

Educational only. Not medical advice. Regulations vary by country and may change. Always consult a qualified clinician and verify local laws.

For readers interested in learning more about ozone systems and educational resources, visit our [Ozone Education & Equipment section](#).

[Understanding proper equipment, dosing, and safety protocols is essential when learning about ozone therapy.](#)

For those new to ozone concepts, our [Ozone 101](#) resources explain how ozone is generated and used safely.

⚠ No medical claims. No promises. Just education.